

Fact Sheet

Duluth Wheel of Violence

AVERT
FAMILY VIOLENCE



**Collaborative Responses in
the Family Law System**



An Australian Government Initiative

Australian
INSTITUTE
of SOCIAL
RELATIONS™

Copyright

© Commonwealth of Australia 2010

This resource is protected by copyright. Apart from any use as permitted under the *Copyright Act 1968*, and those explicitly granted below, all other rights are reserved.

With the exception of the Commonwealth Coat of Arms and except where otherwise noted, all material presented in this training package is provided under a Creative Commons Attribution-No Derivative Works 3.0 Australia licence <http://creativecommons.org/licenses/by-nd/3.0/au/legalcode>. The terms under which the Coat of Arms can be used are detailed on the It's an Honour website <http://www.itsanhonour.gov.au/coat-arms/>.

For the avoidance of doubt, this means this licence only applies to material as set out in this training package.

You must include the following link: <http://creativecommons.org/licenses/by-nd/3.0/au/legalcode> when re-using or distributing this work so that it is clear to others that the Creative Commons licence applies to this copyright material.

The details of the relevant licence conditions are available on the Creative Commons website (accessible using the links provided) as is the full legal code for the CC BY-ND 3.0 AU licence <http://creativecommons.org/licenses/by-nd/3.0/au/legalcode>.

Any reference to, reuse or distribution of all or part of this training package must be attributed in the following way: Australian Attorney-General's Department, **AVERT Family Violence: Collaborative Responses in the Family Law System**.

Contact us

Inquiries regarding the licence and any use of this resource are welcome at:

Assistant Secretary
Family Law Branch
Attorney-General's Department
3-5 National Circuit
Barton ACT 2600

Disclaimer

The information presented and opinions expressed herein are those of the authors and do not necessarily represent the views of the Australian Government.



An Australian Government Initiative

Australian
INSTITUTE
of SOCIAL
RELATIONS™



Fact Sheet - Duluth Wheel of Violence



Adapted from
 Domestic Abuse Intervention Project
 206 West Fourth Street
 Duluth, Minnesota 55806
 United States of America
 218-722-4134



Along with physical and sexual violence, the Duluth model outlines different types of non-contact violence that include:

Using coercion and threats

Making explicit threats to do something to cause hurt, threatening to leave or to commit suicide, threatening to 'report' secrets, or forcing an involvement in illegal activities.

Using intimidation

Creating fear with looks and gestures, smashing objects, yelling, destroying property, abusing pets, showing weapons or brandishing objects that can be used as weapons.

Using emotional abuse

Using put-downs, name calling, using mind games, making victims feel that they are crazy or hopeless, using humiliation, provoking guilt.

Using isolation

Controlling what victims do, where they go and who they see or talk to, limiting activity or involvement, using jealousy as justification.

Minimising, denying, blaming

Denying any abuse took place or making light of it, shifting the responsibility for the behaviour to the victim, or to other factors such as alcohol or stress.

Using children

Making the other parent feel guilty about the children, using children to convey messages, using access times as an opportunity to harass, and threatening to take the children away.

Using privilege

Treating a partner as a servant, making all the decisions, constraining gender roles.

Using economic abuse

Preventing a partner from getting or keeping a job, withholding money and or information about family finances.