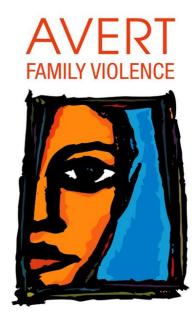
Exercise

Personal Profile



Collaborative Responses in the Family Law System



Copyright

© Commonwealth of Australia 2010

This resource is protected by copyright. Apart from any use as permitted under the *Copyright Act* 1968, and those explicitly granted below, all other rights are reserved.

With the exception of the Commonwealth Coat of Arms and except where otherwise noted, all material presented in this training package is provided under a Creative Commons Attribution-No Derivative Works 3.0 Australia licence http://creativecommons.org/licenses/by-nd/3.0/au/legalcode. The terms under which the Coat of Arms can be used are detailed on the It's an Honour website http://www.itsanhonour.gov.au/coat-arms/.

For the avoidance of doubt, this means this licence only applies to material as set out in this training package.

You must include the following link: http://creativecommons.org/licenses/by-nd/3.0/au/legalcode when re-using or distributing this work so that it is clear to others that the Creative Commons licence applies to this copyright material.

The details of the relevant licence conditions are available on the Creative Commons website (accessible using the links provided) as is the full legal code for the CC BY-ND 3.0 AU licence http://creativecommons.org/licenses/bv-nd/3.0/au/legalcode.

Any reference to, reuse or distribution of all or part of this training package must be attributed in the following way: Australian Attorney-General's Department, **AVERT Family Violence: Collaborative Responses in the Family Law System**.

Contact us

Inquiries regarding the licence and any use of this resource are welcome at:

Assistant Secretary

Family Law Branch

Attorney-General's Department

3-5 National Circuit

Barton ACT 2600

Disclaimer

The information presented and opinions expressed herein are those of the authors and do not necessarily represent the views of the Australian Government.







Personal Profile Exercise

Purpose: ☐ To provide the opportunity for participants to reflect on power relations through exploring behaviours and interactions in violent relationships. **Materials required:** ☐ Copy of either Gary & Bronwyn's Story OR Tony & Jessica's Story ☐ Copy of Discussion Notes for each small group (attached below) **Process:** 1. Show one of the suggested stories to the whole group. 2. Ask participants to work in small groups of 3-5. 3. Using the discussion notes outlined below, ask the small groups to examine the personal profile of either Gary or Tony: Reflect on their behaviour in relation to their ex-wife Reflect on their behaviour in relation to their children Discuss issues raised as a whole group. Variation:

Ask the participants to write a report for their supervisor using the discussion notes



as a guide.

Discussion Notes:

Note: Begin by reflecting on Gary or Tony's relation to his ex-wife and then reflect on Gary or Tony's relation to his children.

Think about Gary or Tony's:	
	Level of certainty of his own rightness
	Level of empathy for the other's position
	Degree of ability to manage his own anger and express frustration appropriately
	Capacity to react with violence to his own frustrations
	Level of respect for boundaries of the other
	Level of respect for physical and psychological autonomy of the other
	Quality of attention to his children's needs and his ex-wife's needs
	Ability to create a life for himself independent of his ex-wife
	In particular, reflect on the extent to which Gary or Tony has the ability to engage in a dialogue to resolve difference. Can they talk through different perspectives and come to an agreed position in the interests of the children?

