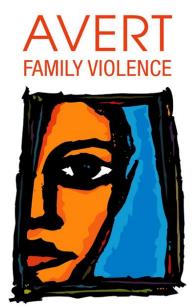
Training Session Plan

Risk Assessment

Two-Day Program



Collaborative Responses in the Family Law System



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Training Session Plan – Risk Assessment

Program Title: Fa	amily Violence Scree	ning and Risk Assessment
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Program Length: Two days

Intended Participants: Professionals working within the Family Court System, or related

roles.

Purpose of the Program:

This two-day program draws attention to core issues for risk assessment and safety planning. In applying the knowledge and skills developed during this training, practitioners should also be aware of diversity issues and in particular the need for culturally responsive approaches. The assumed safety of locations, living situations and practices must be negotiated with victims of violence so that cultural issues are taken into account. This will ensure families are not placed at increased risk through a 'one size fits all' response.

Pro	gram Learning Outcomes:
	Understanding of key risk factors for those experiencing family violence Ability to conduct screening and risk assessment Ability to conduct safety planning Understanding of issues for engaging perpetrators Knowledge of referral pathways
Pre	-Course Activities:
Ens	ure participants receive:
	Pre-Course Evaluation form Pre-reading for day one: AVERT Discussion Paper: Dimensions, Dynamics and Impact of Family Violence
size	om Setting and Equipment: It is recommended that this program be run with a group no bigger than 25 and the tables should be arranged in "Cabaret" style allowing cicipants to work in small groups. Equipment necessary for the program includes:
	Video projection Whiteboard



Facilitator Preparation:

The AVERT Family Violence Training Package is a multi-disciplinary training package that will be delivered to different professions with different skill sets. Facilitators should tailor the package for their particular audience and context. The package has been constructed with an assumption that an experienced trainer from within relevant professional groups will deliver the training.

Prior to delivering the program, it is essential for the facilitator to view all the video resources and read all the papers that are indicated for use in the session plans. These are listed for quick review at the end of this document and are located on the website under For Trainers/Resources/By Type. It is also recommended that facilitators practice any of the activities that are unfamiliar to them. This will assist in having a thorough understanding of the materials and being well prepared to answer any questions that participants may raise. This preparation also provides an opportunity for the facilitator to clarify any hesitations or queries they may have with any aspect of the training. Family violence can be an emotional and controversial topic in many groups. Practicing ways of responding to anticipated reactions will assist in the creation of a quality education experience.

When tailoring a package for a particular audience, facilitators may need to prepare some of their own PowerPoints and Handouts, drawn from the facilitator notes and general materials. A template PowerPoint and Fact Sheet is provided for this purpose on the website under Resources/ By Type/ Learning Materials.

Named fact sheets, discussion papers and resources for training exercises are all provided and can be found on the website under the program title. Points to emphasise are indicated in the session plans as well as in the detailed outline of training exercises.

All exercises, fact sheets, PowerPoints, discussion papers and course evaluation forms can be found on the website under Resources/ By Type.

Program timing in the session plan is a rough estimate and is based on a group of between 20 – 25 participants. However, the level of participation of each group necessarily impacts the amount of time that each activity will take. It is envisaged that each facilitator will know which exercises need to be curtailed if the program is running over time.

In many cases various sections of the Video Resources have been broken up into chapters (e.g. Scenarios; Overview of Family Law system). The appropriate chapters for specific exercises within the training programs are indicated as required. Chapters are listed under Resources/ By Type on the website. Click on the chapter required to start viewing.





Handouts for the Program:

	ERT Papers:
	Legal Frameworks
	Responding to Diversity
	Screening, Risk Assessment and Safety Planning
	Prevention Strategies: Involving and Engaging Perpetrators
	Multidisciplinary Collaboration and Integrated Responses to Family Violence
The	e folder should also contain:
П	Pre-Course And Post-Course Evaluation forms





DAY ONE

TIME	ACTIVITY SEQUENCE & FACILITATOR NOTES	RESOURCES REQUIRED
45 min	Introductions and Welcomes	
	☐ Acknowledgement of Indigenous custodians of the local area.	Opinion Piece: <i>Alice Bailey</i> on DVD 3
	☐ Introduction of facilitator and outline of purpose of the training, using the <i>Risk Assessment Learning Outcomes</i> PowerPoint	PowerPoint: Risk Assessment Learning Outcomes
	☐ 'Housekeeping' and timeframe details	Pre-Course Evaluation forms
	☐ Ask participants to introduce themselves and share what they hope to get from the program	
	☐ Show Alice's Bailey Opinion Piece	
	Emphasise:	
	☐ The dynamics of violence and abuse involve emotional and psychological abuse	
	☐ Safety is the key focus for screening and risk assessment	
45 min	Indicators of Family Violence – Assessing Risk This activity is designed to support participants to look for the combination of factors that present risk and enables the facilitator to point out the use of power and coercive control. Conduct the Risk Assessment Exercise following the detailed facilitator notes.	Exercise: Risk Assessment Sets of Risk Factor Cards for each small group (from Risk Assessment Exercise) Risk Assessment Scales Handout for each participant (from Risk Assessment Exercise)
30 min	Screening and Risk Assessment Discussion Panel	Expert Discussion Panel:
	Ask the participants to brainstorm the reasons why the family law system is increasingly expecting workers to conduct screening and risk assessment processes.	Screening, Risk Assessment and Safety Planning on DVD 4
	Watch Screening, Risk Assessment and Safety Planning Expert Discussion	Refer to AVERT Papers: Screening, Risk Assessment and Safety Planning and Prevention Strategies



TIME	ACTIVITY SEQUENCE & FACILITATOR NOTES	RESOURCES REQUIRED
	Emphasise:	
	☐ Increasing numbers of separating couples use the family law system. A substantial proportion of these separating parents have issues relating to violence, safety concerns, mental health, and alcohol and drugs.	
	☐ Relationship separation itself marks an increase in risk and intensification of violence.	
	☐ Accessing family dispute resolution, child contact or family court services, may also exacerbate risk for victims due to enforced contact or proximity, or be a flashpoint for a violent episode.	
	☐ Family law service providers meet clients at a time of increased risk and therefore family violence is a central concern.	
15 min	Break	
30 min	Risk Factors	
	Present the Risk Factors PowerPoint	PowerPoint: Risk Factors
	 Emphasise: ☐ Risk factors are not the same as causal factors and therefore cannot be seen as direct links. False positives and false negatives are highly likely. ☐ Nonetheless identification of risk factors needs to be used to draw our attention and prompt us to look closely 	Refer to AVERT Paper: Screening, Risk Assessment and Safety Planning
60 min	Scenario - Tony and Jessica's Story	
	In Tony and Jessica's Story watch Chapters 1 to 3 stopping at What are the risk factors?	Scenario: <i>Tony and Jessica's Story</i> on DVD 2
	Ask participants to individually use the risk assessment scales form to assess Tony and Jessica's risk factors. In small groups discuss and compare assessments – what questions do participants have about safety in this scenario?	A copy of the <i>Risk</i> Assessment Scales form for each participant (from <i>Risk Assessment</i> Exercise)



TIME	ACTIVITY SEQUENCE & FACILITATOR NOTES	RESOURCES REQUIRED
	Share assessments and questions in the large group.	
	Highlight:	
	☐ The length of time the dispute has been going on	
	☐ Tony's isolation	
	☐ How worn down Jessica appears to be	
	☐ Tony's focus on Jessica rather than the children	
	☐ Tony's capacity to monitor and find out about Jessica's life	
	Watch Chapter 4 and 5 of <i>Tony and Jessica's Story</i> and pause.	
	Ask participants to consider:	
	☐ If and how they would safety plan with Jessica?	
	 □ What would be the impact on the process of family dispute resolution if they attempt to safety plan with Jessica? □ How would you respond to Tony and what supports would you put in place for him? 	
45 min	Lunch	
60 min	Watch Chapter 6 of <i>Tony and Jessica's</i> Scenario – 'Supervision'	
	☐ How did the supervision provided by Mergho to Kate align with what you thought should be done?	Scenario: <i>Tony and Jessica's Story</i> on DVD 2
	Watch Chapter 7 of <i>Tony and Jessica's</i> Scenario – 'Safety Planning'	Professional
	☐ What were the key themes taken up by Kate with Jessica?	Commentary: <i>Dr Peter</i> Furze and Alice Bailey on DVD 2
	Watch the Professional Commentary by <i>Dr Peter Furze</i> and <i>Alice Bailey</i>	
	Discuss the commentary as a large group and summarise significant themes for good practice in screening, risk assessment and safety planning.	



TIME	ACTIVITY SEQUENCE & FACILITATOR NOTES	RESOURCES REQUIRED
45 min	Safety Planning Vanessa's Testimonial	
	☐ Divide participants into small groups of 5-7 people.	Testimonial: <i>Vanessa</i> on DVD 5
	☐ Show <i>Vanessa's</i> Testimonial	
	☐ Ask the small groups to consider – what are the key components of a safety plan and list these. Then, devise a safety plan for Vanessa.	
	☐ Ask participants to share their safety plan with the large group.	
	☐ Key components should include for example:	
	■ Connection to supportive people	
	Sharing information with key professionals such as the school, a counselor, police etc	
	Physical security measures	
	Quick access to emergency telephone and relevant numbers	
	Legal advice	
15 min	Break	
60 min	Indigenous Considerations	
	The purpose of this section is to generate consideration of the need for culturally effective responses to Indigenous families who experience family violence.	Refer to AVERT Paper: Responding to Diversity
	In identifying and responding to risk and setting up safety plans for Indigenous victims there are multiple factors that intersect with violence that must be considered.	Factsheet: Culture and Respect in Indigenous Communities
	Facilitator note: It is essential to read the 'Indigenous Issues' section of the <i>Responding to Diversity</i> Paper, before leading this segment and be well informed of the relevant research. Care should be taken to make clear that family violence is part of <i>all</i> cultures and not to generate a stereotypical view of Indigenous communities.	Expert Discussion Panel: Responding to Indigenous Community Needs on DVD 4
	Indigenous voices are integral to this part of the program through the use of the Indigenous Expert Discussion and/or Indigenous Opinion Pieces. The facilitator may wish to replace or supplement this with an Indigenous guest speaker.	Opinion Pieces: Antoinette Braybrook and Stephen Ralph on DVD 3



TIME	ACTIVITY SEQUENCE & FACILITATOR NOTES	RESOURCES REQUIRED
	Introduce this section by drawing attention to the high risk of family violence and compounded disadvantage faced by Indigenous families in accessing the Family Law System. (Morgan & Chadwick 2009, Bartels 2010, Jennings & Cunningham 2006 – See references at the end of this program).	
	Show one or more of the Expert Discussion: Responding to Indigenous Community Needs and Opinion Pieces by Antoinette Braybrook and Stephen Ralph	
	In small groups discuss:	
	☐ What issues stand out for you in these presentations?	
	☐ What considerations would practitioners need to take into account to respond effectively to Indigenous cultural issues?	
	☐ What might be some hazards or dilemmas in responding to Indigenous families?	
	Ask groups to share their thoughts with the whole group. The facilitator can record points on the whiteboard and engage in clarification and exploration of the issues.	
	Emphasise:	
	☐ The complexity of interconnecting issues such as poverty; poor health; substance use etc	
	☐ The need for an holistic response that addresses these multiple factors, including whole of family issues	
	☐ Subsequent to the complexity and co-occurrence of issues, the need for a high priority on collaboration and networked responses	
	☐ Consideration of community and broader family engagement in creating responses tailored to individual's needs	
	☐ Stolen generations as a significant issue in creating fear and lack of trust in legal systems	
	☐ The special needs of the Indigenous workers in the field who are themselves close to the issues. It is particularly important to listen to these workers' recommendations for culturally appropriate ways of responding to family violence in their own communities.	



TIME	ACTIVITY SEQUENCE & FACILITATOR NOTES	RESOURCES REQUIRED
15 min	Closing Activity Invite participants to report to the whole group in a 'round', something from the day that they will share with others.	



Day Two

TIME	ACTIVITY SEQUENCE & FACILITATOR NOTES	RESOURCES REQUIRED
20 min	Welcome and review.	
	Ask participants to each name something they learnt or a question that has arisen for them from yesterday.	
	Use this round to re-iterate the important key messages from the day and respond to any clarifications.	
30 min	Indicators of Family Violence – Power and Control	
	What do we mean when we say family violence is about power?	Exercise: Defining Violence
	Invite comments and questions from the group.	Defining Violence Cards. One set for each group
	Follow the detailed facilitator notes to conduct the <i>Defining Violence</i> Exercise.	(from Defining Violence Exercise sheet)
	Emphasise:	
	☐ Family violence is not relationship conflict	
	☐ By far the overwhelming majority of victims of family violence are women. Family violence is situated within a history of gender inequality and male privilege. This context supports male perpetrators to use powerful tactics of control. However, contemporary gender roles are undergoing changes that make the use of violence more available to women	
	☐ In order to notice and screen for family violence we must be aware of controlling behaviour and its effects	
	Highlight that:	
	☐ Family Violence only relatively recently became a public issue. For many centuries it has been a private issue. Consequently our legal and social definitions of violence are still emerging and are not yet consolidated	
	☐ The individual experience of violence and its particular impact shapes individual definitions.	



TIME	ACTIVITY SEQUENCE & FACILITATOR NOTES	RESOURCES REQUIRED
60 min	Power and Control Continued	
	Facilitator's note: It is important to note that people who have experienced Family Violence and whose safety may be at risk are not required to attend Family Dispute Resolution. Legal advice should be encouraged so that people can understand the options available to them. It is possible to apply under section 60i(9) of the Family Law Act for an exception so that participation in Family Dispute Resolution is not required where there has been Family Violence or there is a risk of violence. The other option is to attend an intake and assessment interview at a Family Relationship Centre or other Family Dispute Resolution provider to examine whether or not Family Dispute Resolution is appropriate. □ Explain that participants are going to view a scenario and they are to assume that it is a case in which they will be involved so they will need to watch and take notes carefully. □ Show Gary and Bronwyn's Story and conduct the Personal Profile Exercise following the detailed	Scenario: Gary and Bronwyn's Story on DVD 2 Exercise: Personal Profile
	facilitator notes. Ask the small groups to consider what questions enabled the family dispute resolution practitioner to investigate Gary's strategies of power and control.	
	Emphasise:	
	Initial, 'inaugurating' physical violence at the beginning of the marriage that controlled Bronwyn for many years	
	☐ Signs of escalation	
	☐ The effects of long term violence on Bronwyn evident in her presentation.	
15 min	Break	
30 min	Engaging Perpetrators	
	After watching the previous story, ask participants to discuss in their small groups the following questions:	
	☐ How realistic do you believe it is that a professional would "collude with a perpetrator" and what does this mean?	
,	☐ What would be the focus of your work with a perpetrator in order to undermine the potential for collusion?	



TIME ACTIVITY SEQUENCE & FACILITATOR NOTES RES	ESOURCES REQUIRED
Ask the participants to share their comments with the large	pinion Piece: <i>Danny</i> lay on DVD 3 efer to AVERT Paper: revention Strategies



TIME	ACTIVITY SEQUENCE & FACILITATOR NOTES	RESOURCES REQUIRED
	☐ Engaging with people who use violence is an important prevention strategy that is active in sharing the responsibility for social change, rather than simply blaming individuals. At the same time, practitioners must ensure that support and engagement are not confused with excusing perpetrators or holding victims responsible for the violent behaviour. This requires clarity from the practitioner.	
45 min	Lunch	
30 min	Circle of Safety Exercise	
	The purpose of this exercise is to identify what facilitates and interrupts a child's attachment and positive development. Refer to the detailed facilitator notes provided. Complete the exercise drawing from participants' own understandings and experience of working with families, ensuring the key points are elicited. Conclude this section by watching <i>Dr Jennifer McIntosh</i> discuss the importance of <i>Screening</i> , <i>Risk Assessment</i> and <i>Safety Planning</i> and the need to clarify parental capacity.	Exercise: Circle of Safety Set of Circle of Safety Cards for each small group (from Circle of Safety Exercise sheet) Opinion Piece: Dr Jennifer McIntosh – 'Screening, Risk
	Invite participant questions and answers throughout this section.	Assessment and Safety Planning' on DVD 3
60 min	Sam's Story Case Study Exercise	
	Explain that this section will further explore risk and safety from a child focused perspective through an analysis of Sam's Story. Divide participants into four small groups. Hand out the case study of Sam's story and allow participants 30 min to read and discuss the themes in their small groups. Ask them to consider: What is going on for Sam? Drawing on the previous session, what do you notice are the impacts on Sam, of living with family violence?	Exercise: Sam's Story Case Study Expert Discussion Panel: Impact on Children (Dr. Jennifer McIntosh and Prof. Lawrence Moloney) on DVD 4
	☐ What does Sam need in this circumstance? ☐ What does Danny need?	



TIME	ACTIVITY SEQUENCE & FACILITATOR NOTES	RESOURCES REQUIRED
TIME	ACTIVITY SEQUENCE & FACILITATOR NOTES ☐ What does Jodi need? ☐ What would be a child focused response? ☐ What referral and collaboration options would you draw on to respond to this situation? ☐ What are the ethical issues in this case study? ☐ What Indigenous cultural issues might be present and how would they respond? Invite the groups to share their deliberations and draw out a discussion about the worker "breaching" the Contact Order due to a policy of not forcing children to do something they do not wish to do. Emphasise:	RESOURCES REQUIRED
	 □ It entirely appropriate not to force children to do something they do not wish to do, even with a contact order in place □ Collaboration and specialized input is important □ Consideration of the effects upon a child's 'circle of safety' should shape the worker and system response □ Engaging both parents in order to support their parenting capacity and focus on the child, is critical for safety Show Dr Jennifer McIntosh's and Professor Lawrie Maloney Expert Discussion Impact on Children Conclude by inviting responses and emphasising key points from this commentary. 	
15 min	Break	
30 min	Referral Pathways Collaboration and Referral Exercise Refer to the detailed facilitator's notes in the Collaboration and Referral Exercise. This exercise intends to support participants to share knowledge about local resources and how they may collaborate to assist clients' safe progress through the family court system.	Exercise: Collaboration and Referral Refer to the AVERT Paper: Multi-disciplinary Collaboration and Integrated Responses to Family Violence



TIME	ACTIVITY SEQUENCE & FACILITATOR NOTES	RESOURCES REQUIRED
	Begin by highlighting the following key points: ☐ Pathways through the system need to be defined and more widely understood ☐ Unclear pathways or lack of adequate coordination between services, lawyers and courts have adverse implications for the wellbeing of children and other family members ☐ There is an urgent need for greater sharing of information and facilitation of pathways between the various services, agencies and courts that are involved in family violence matters ☐ Additional services external to the court are important for supporting the success of parenting arrangements and wellbeing of clients ☐ This requires knowledge of relevant services and confidence to engage with and refer across systems; disciplines; and jurisdictions	A list of appropriate local services and resources as a handout (created by facilitator)
15 min	Opinion Piece: Sam Page Show the Opinion Piece by Sam Page as a concluding statement about the need for collaboration and skills in responding to family violence, within the Family Law System	Opinion Piece: Sam Page on DVD 3
15 min	Closing round and evaluation Invite participants to report to the whole group in a 'round', something from the program that they will share with others. Handout final evaluation forms for completion and collect these before participants depart.	Post-Course Evaluation forms