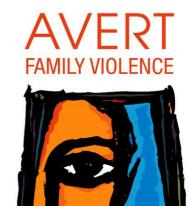
Exercise

Triads



Collaborative Responses in the Family Law System



Copyright

© Commonwealth of Australia 2010

This resource is protected by copyright. Apart from any use as permitted under the *Copyright Act* 1968, and those explicitly granted below, all other rights are reserved.

With the exception of the Commonwealth Coat of Arms and except where otherwise noted, all material presented in this training package is provided under a Creative Commons Attribution-No Derivative Works 3.0 Australia licence http://creativecommons.org/licenses/by-nd/3.0/au/legalcode. The terms under which the Coat of Arms can be used are detailed on the It's an Honour website http://www.itsanhonour.gov.au/coat-arms/.

For the avoidance of doubt, this means this licence only applies to material as set out in this training package.

You must include the following link: http://creativecommons.org/licenses/by-nd/3.0/au/legalcode when re-using or distributing this work so that it is clear to others that the Creative Commons licence applies to this copyright material.

The details of the relevant licence conditions are available on the Creative Commons website (accessible using the links provided) as is the full legal code for the CC BY-ND 3.0 AU licence http://creativecommons.org/licenses/by-nd/3.0/au/legalcode.

Any reference to, reuse or distribution of all or part of this training package must be attributed in the following way: Australian Attorney-General's Department, **AVERT Family Violence: Collaborative Responses in the Family Law System**.

Contact us

Inquiries regarding the licence and any use of this resource are welcome at:

Assistant Secretary

Family Law Branch

Attorney-General's Department

3-5 National Circuit

Barton ACT 2600

Disclaimer

The information presented and opinions expressed herein are those of the authors and do not necessarily represent the views of the Australian Government.





Triads Exercise

Purpose:	
	To provide an opportunity for participants to share ideas with one another and explore different opinions
	To provide an activity that creates physical movement and energy for talking and listening.
Mat	terials required:
	A list of questions

Process:

- 1. Participants are instructed to stand in groups of 3. Ask participants to decide who will be 'A', who will 'B' and who will be 'C'. (If the group does not divide evenly into groups of three, allow some to be groups of 4 and simply have two A's or two B's or two C's.)
- 2. Ask the groups to arrange themselves around the room roughly in a circle, so that it becomes a circle of triads.
- 3. Ask participants to discuss the first topic for between 3-5 minutes. (Depending on how many topics you have, how large the group is and how significant the issues raised are likely to be).
- 4. Instruct the triads to let everyone give their response to the topic and note they are not required to agree or come to a shared opinon or final answer.
- 5. After a few minutes ask the participants to be quiet and instruct A's to remain where they are, B's to move clockwise to the next triad and C's to move anticlockwise to the next triad, so that each triad is comprised of new participants.
- 6. Repeat steps 3 5 until all the topics have been discussed.





Variation:

Topics can be either introductory, 'getting to know you' items that are light-hearted and encourage people to participate, or they can be more challenging values-based questions that allow participants to share opinions they do not have to share in the larger group. This latter option is often a good preparation for challenging or controversial activities.

Suggested topic sets.		
Introduction Topics:		
	Favourite music	
	Favourite holiday	
	Worst holiday	
	Fantasy job	
	Two things they hope doesn't happen in the program	
	Two things they hope to get from the program.	
Impact of Family Violence on Children Topics:		
	Children quickly recover from exposure to family violence	
	Children who have been exposed to family violence are more likely to become victims or perpetrators of family violence	
	Children deserve a say about their parenting arrangements	
	Parents should leave violent relationships for the sake of the children	
	Children need both parents.	

